

Parent/Guardian Notification of BMI Survey

As part of a required health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's health examination (done either by a private health care provider, or at school). Plattsburgh City School District has been selected to take part in a survey by the New York State Department of Health. As such, PCSD will be reporting information about our students' weight status groups to the New York State Department of Health. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please complete and sign your name below and return this form to your child's school.

Plattsburgh City School District

Please do not include my child's weight status information in the 2013-2014 School Survey.

Print Child's Name

Building Child Attends

Print Parent's Name

Parent's Signature

Date